

Below are some of the many ways that RSB is aware of the many uses for Bio-Active Silver Hydrosol*

I believe that Silver Hydrosol is the most efficient tool for maintaining and sustaining immune defenses in the presence of emerging strains of any microbial infections, and for direct tissue inflammation reduction and regeneration support, among other uses.

Note: I utilize a 10 ppm formulation, primarily, which consists of pharmaceutical grade purified water and 99.999% pure silver, with only the smallest particle size possible. Look for documentation by the company, ie photographic proof, specifically via Transmission Electron Microscopy (TEM).

As particle size decreases, surface area and energy increases, providing more benefit from less. There is an ideal balance between safety and effectiveness. Only a high quality, 10 ppm formulation can offer this. When very serious immune challenges arise, I also avail myself of 23 ppm professional strength options. Here are some tips for use:

Eye Infections -- Pink eye, conjunctivitis, sty -- 1-2 drops in the eye 5-7 times per day.

Ear Infections -- Place 10 drops in the ear, leave for 2 minutes then tip out, repeat 3-4 times per day.

Nasal Infections / Allergies -- 1-2 dropperfuls down each nostril while sitting down with your head tilted back, leave in for 2 minutes, then swallow, repeat 3-4 times per day. Or, if using a vertical spray, 4-6 sprays per nostril, while inhaling, 3-4 times daily.

Mouth and Gum Infections -- Hold 1-2 teaspoons on area inside mouth for a couple of minutes, then swallow, repeat 3-4 times per day.

Colds and Flu -- 1 teaspoon every 20 minutes for the first couple of hours, hold under tongue for 30 seconds, then swallow. Then back off to 3-4 times per day on an empty stomach.

Sore Throat and Strep -- Gargle a tablespoon or two for 3 minutes, then swallow, repeat 5 times per day. If using spray, spray throat 10-15 times every hour.

Topically -- on a cut, scrape, burn, sun burn, mosquito bite or infection -- spray directly on area 5-10 times, let air dry, repeat 5 times per day.

Acne / Rash / Topical Fungus -- Spray directly on area 5-10 times, let air dry, repeat 4 times per day. Mix with a pure Aloe Vera gel (ratio 1:1) if you want the silver to have longer contact with the area, then rub on 4 times per day.

Nail Fungus -- Mix equal parts of silver and DMSO (organic solvent

from wood) or Tea Tree Oil, together, then apply to nails 3 times per day.

[Food Poisoning or Dysentery](#) -- Swallow 1 tablespoon directly without holding, every hour, on an empty stomach, until symptoms subside.

[Urinary Tract Infection](#) -- Swallow 1 tablespoon directly without holding, every hour, on an empty stomach, until symptoms subside. You can alternate with 1 teaspoon held sublingual before swallowing.

[Respiratory Infections](#) -- Place 1 tsp. in a nebulizer and breathe in for 10 minutes, repeat 3-4 times per day.

[Vaginal Infections](#) -- Take 1 part silver and 2 parts distilled water, hold inside for a couple of minutes, repeat 2-3 times a day.

[Candida Albicans, Irritable Bowel Syndrome, Colitis, Crohn's disease](#) -- Swallow 1 tablespoon of silver with 1 tablespoon of a pure aloe liquid, on an empty stomach, 3 times per day. Take a probiotic before going to bed. This protocol could last 2 weeks to 2 months.

[Water Purification](#) -- 2 tablespoons per gallon of water.

[Traveling](#) -- 1 tsp. before, during and after flying. Also good to apply to eyes and nose.

*Please consult with your chosen health care provider when starting any new health regimen or supplement. The above information should in no way be construed as medical advice, just information from which you may make more fully informed decisions about your health journey.

The power to heal is yours!